

# After Care Instructions

*After care is very important in order to achieve a beautiful and lasting result.*

The day of the treatment: Absorb

Gently blot the area with clean tissue to absorb excess lymph fluid. Do this every 5 minutes for the full hour until oozing has stopped. Removing this fluid prevents hardening of the lymph.

Days 1-7: Wash

Wash daily to remove bacteria and dead skin. (Don't worry....THIS DOES NOT REMOVE THE PIGMENT!)

Gently wash your eyebrows each morning and night with water and an antibacterial soap like Dial Soap, Cetaphil or Neutrogena. With a very light touch, use your fingertips to gently cleanse the eyebrows. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.

## Important Reminders

- \*Use a fresh pillowcase (satin or silk if you have one)
- \*Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color
- \*No facials, botox, chemical treatments or microdermabrasion for 4 weeks
- \*Avoid hot, sweaty exercise for one week
- \*Avoid direct sun exposure or tanning for 4 weeks after procedure. Wear a hat when outdoors.
- \*Avoid heavy sweating and long hot showers for the first 10 days.
- \*Avoid sleeping on your face for the first 10 days
- \*Avoid swimming, lakes, hot tubs for the first 10 days
- \*Avoid topical makeup including sunscreen on the area
- \*DO NOT rub, pick or scratch the treated area.

## Important note about showering:

Limit your showers to 5 minutes so you do not create too much steam. Keep your face/procedure out of the water while you wash your body, then, at the end of your shower, wash your hair. Your face should only be getting wet at the very last end of the shower. Avoid excessive rinsing and hot water on the treated area.

Remember, with the proper prep and aftercare routine you will have much better results with your Permanent Makeup procedure.

If you have any sign of infection, seek immediate medical attention. ( severe swelling, severe redness, fever or puss)

\*PLEASE NOTE: EVERYONE HEALS DIFFERENTLY SO THESE TIMES ARE ONLY A GENERAL GUIDELINE.

What to expect:

DAY 1:

Eyebrows look amazing immediately after microblading appointment

Pigment gradually gets darker through out the day

WEEK 1:

Pigment reaches darkest level on day two

Light scabbing develops where microblading strokes occurred

WEEK 2:

Scabbing from microblading strokes begin to peel and flake off, sometimes revealing no definite, visible color in skin

WEEK 3-4:

Pigment in skin continues to oxidize and microbladed strokes begin to reappear in color intended from the beginning, but some strokes come back looking patchy

WEEK 6:

Eyebrows fully healed and ready to undergo the finishing effects of touch-up appointment

If you have ANY questions or concerns, please do not hesitate to call me.

Thank you.

**In case of signs or symptoms of infection ( severe swelling, severe redness, fever or discharge ) go to your Family physician/ Doctor immediately.**